



TWO YEAR LIMITED WARRANTY

(Valid in USA only)

HoMedics, Inc., guarantees this product free from defects in material and workmanship for a period of two years from the date of purchase, except as noted below.

This HoMedics product warranty does not cover damage caused by misuse or abuse; accident; the attachment of any unauthorized accessory; alteration to the product; or any other conditions whatsoever that are beyond the control of HoMedics. This warranty is effective only if the product is purchased and operated in the USA. A product that requires modification or adaptation to enable it to operate in any country other than the country for which it was designed, manufactured, approved and/or authorized, or repair of products damaged by these modifications is not covered under warranty. HoMedics shall not be responsible for any type of incidental, consequential or special damages. All implied warranties, including but not limited to those implied warranties of fitness and merchantability, are limited in the total duration of two years from the original purchase date.

To obtain warranty service on your HoMedics product, either hand deliver or mail the unit and your dated sales receipt (as proof of purchase), postpaid, along with check or money order in the amount of \$5.00 payable to HoMedics, Inc. to cover handling.

Upon receipt, HoMedics will repair or replace, as appropriate, your product and return it to you, postpaid. Warranty is solely through HoMedics Service Center. Service of this product by anyone other than HoMedics Service Center voids warranty.

This warranty provides you with specific legal rights. You may have additional rights which may vary from state to state. Because of individual state regulations, some of the above limitations and exclusions may not apply to you.

For more information regarding our product line in the USA, please visit:
www.homedics.com

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SOUND AND AROMA THERAPY ENVIRASPA™



Instruction Manual and Warranty Information

Mail To:

HoMedics
Consumer Relations
Service Center Dept. 168
3000 Pontiac Trail
Commerce Township, MI
48390

e-mail:
cservice@homedics.com

**WARNING!
NEVER LEAVE
ENVIRASPA
UNATTENDED,
ESPECIALLY IF
CHILDREN ARE
PRESENT.**

IMPORTANT SAFETY INSTRUCTIONS: SAVE THESE INSTRUCTIONS

When using an electrical appliance, basic precautions should always be followed, including the following:

READ ALL INSTRUCTIONS BEFORE USING

DANGER

To reduce the risk of electric shock:

- Always unplug the appliance from the electrical outlet immediately after using and before cleaning.
- Do not reach for an appliance that has fallen into water. Unplug it immediately.
- Do not use while bathing or showering.
- Do not place or store appliance where it can fall or be pulled into a tub or sink. Do not place in or drop into water or other liquid.

WARNING

To reduce the risk of burns, fire, electric shock or injury to persons:

- This appliance has a polarized plug (one blade is wider than the other). The plug will fit into a polarized outlet only one way. If the plug does not fit into the outlet, reverse the plug. If it still does not fit, contact a qualified electrician to install the proper outlet. Do not change the plug in any way.
- EnviraSpa must be connected to a 120V electrical supply.
- An appliance should never be left unattended when plugged in. Unplug from outlet when not in use and before putting on or taking off parts or attachments.

**CAUTION –
PLEASE
READ ALL
INSTRUCTIONS
CAREFULLY
BEFORE
OPERATING.**

- Close supervision is necessary when this appliance is used by, on or near children, invalids or disabled persons.
- Use this appliance only for its intended use as described in this manual. Do not use attachments not recommended by HoMedics; specifically any attachments not provided with the unit.
- Never operate this appliance if it has a damaged cord or plug, if it is not working properly, or if it has been dropped, damaged or dropped into water. Return it to HoMedics Service Center for examination and repair.
- Keep cord away from heated surfaces.
- Never block the air openings of the appliance or place it on a soft surface, such as a bed or couch, where the air openings may be blocked. Keep air openings free of lint, hair, etc.
- Never drop or insert any object into any opening.
- Do not operate where aerosol (spray) products are being used or where oxygen is being administered.
- Do not operate under blanket or pillow. Excessive heating can occur and cause fire, electrical shock or injury to persons.
- Do not carry this appliance by supply cord or use cord as handle.
- To avoid breakage, do not wrap cord around unit.
- To disconnect, turn all controls to the OFF position, then remove plug from outlet.
- This appliance is designed for household use only. Do not use outdoors.
- If you have any concerns regarding your health, consult your doctor before using EnviraSpa.
- Aroma beads are for external use only. Do not ingest them. If ingested, consult a physician immediately.
- Any beads spilled onto the floor should be swept up immediately to avoid slipping or ingestion.
- Discontinue if allergic reactions are experienced.

Body Basics invites you to
take a few moments for
yourself. Regroup and
focus on feeling good –
inside and out. From
holistic health to new
ideas in self enhancement,
our products help restore
the basic balance between
your mind and body.

RELAX. RENEW. SIMPLIFY.

BODY BASICS.

Where Nature Sounds Meet Earth Scents

Thank you for purchasing EnviraSpa, Body Basics' aromatherapy and sound machine. This, like the entire Body Basics line, is built with high-quality craftsmanship to provide you years of dependable service. We hope that you'll find it to be the finest product of its kind.

EnviraSpa enables you to create an all-encompassing environment with scent and sound. It brings together the ancient art of aromatherapy with the contemporary science of sound conditioning for a holistic experience. Simultaneously, you can relax your body, clarify your mind and soothe your senses. Only EnviraSpa offers you the flexibility of appealing to one or more of your senses with a single unit.

EnviraSpa Features

A Complete Sensory Experience

Use aroma or sound alone, or combine them together for the ultimate in sensory therapy that brings multiple senses into play.

Relax Your Mind and Body

Sound and scent together create a comforting ambiance for easing away mental and physical tensions.

Four Aroma Bead Essences Included

Natural scents combined into formulas to invoke positive emotions: Relaxation, Invigoration, Rejuvenation, Inhalation.

Brings Six Sounds of Nature Indoors

Familiar sounds of nature transport you to places of tranquillity: Summer Night, Spring Rain, Ocean Waves, Woodlands, Brook, White Noise.

Aromatherapy is an ancient healing art which uses essential oils extracted from various flowers, leaves, fruits, roots and bark to naturally improve your mood, cleanse your mind and relax your body.

Mix Scent and Sound – Unify Body and Mind

Ancient cultures lived a more unified life, making no distinction between physical and emotional well-being. Healers treated the whole person, calling on all the elements of nature. Today, we now know the wisdom of those ways. EnviraSpa completes the circle, uniting scent and sound for a holistic experience. Individually, scent and sound can have a powerful effect on your sense of well-being. Together, they build on each other's strengths. With EnviraSpa, you can custom match scents and sounds to create an all-encompassing environment that makes you feel good inside and out.

Six Natural Sounds

Surround yourself with familiar sounds to stimulate your imagination, relieve stress and improve your concentration.

Four Refreshing Earth Scents

Essences extracted from aromatic plants, or essential oils, are the basic raw materials of aromatherapy and the aroma beads included with EnviraSpa.

To Use EnviraSpa

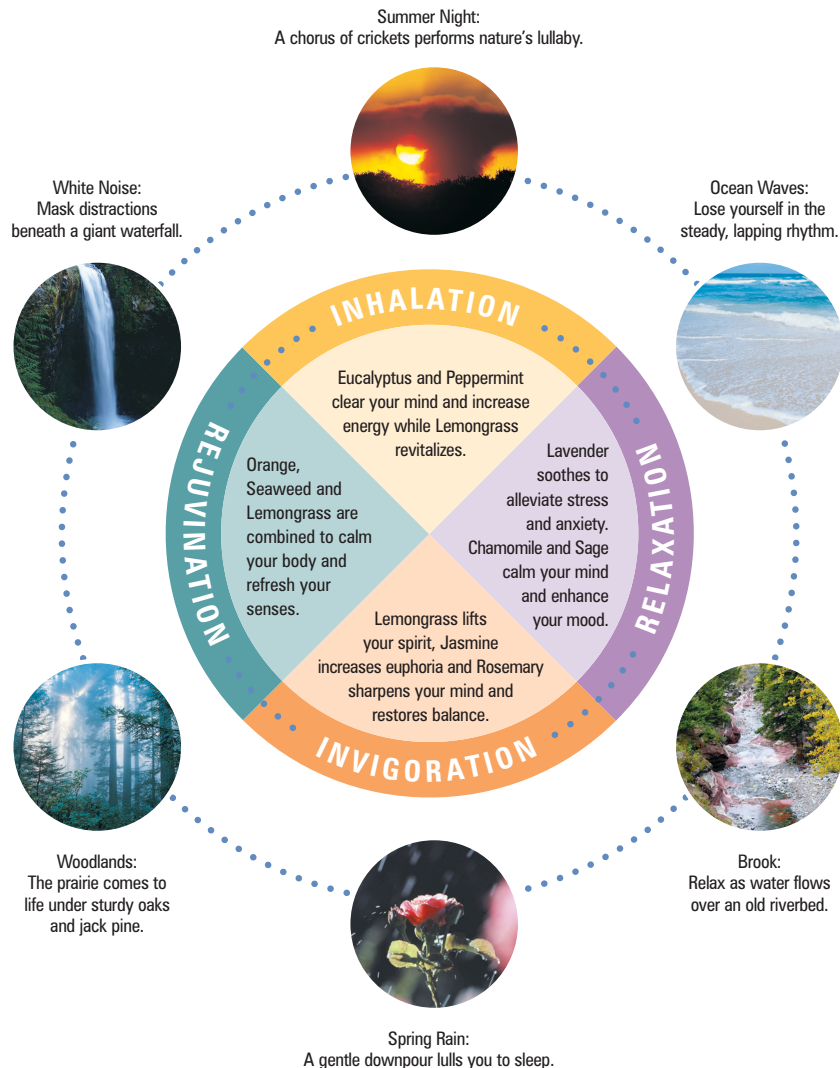
EnviraSpa operates on either the AC adapter included or on four AA alkaline batteries (not included).

TO CONNECT AC ADAPTER

Insert the AC plug into an electrical outlet and connect the smaller round plug to the side of the unit.

TO INSTALL BATTERIES

Insert four AA alkaline batteries into the compartment on the back of the unit following the diagram inside.

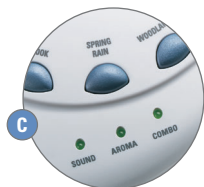




You're Seconds Away From Sensory Indulgence

EnviraSpa gives you the choice of three different modes of sensory enhancement: Sound, Aroma or Combo. If you are using the Aroma or Combo modes, you must first add aroma beads.

1. To add aroma beads, lift off the lid. (Diagram A).
2. Pour beads into inner basket. Replace the lid (Diagram B).
3. To turn the unit on, choose one of three modes by pressing the MODE button. The appropriate L.E.D. indicator will light to confirm your selection: (Diagram C)
AROMA Mode: EnviraSpa provides aromatherapy only.
SOUND Mode: EnviraSpa surrounds you with a choice of six nature sounds only.
COMBO Mode: Scent and sound combine for a total sensory experience.



4. To use the automatic shut-off feature, press the TIMER button to select the length of time you wish to use EnviraSpa: 15, 30 or 60 minutes. An L.E.D. indicator above each interval will light to confirm your choice. EnviraSpa will automatically shut off after the selected amount of time.
5. If you have selected SOUND or COMBO modes, choose your sound by pressing the appropriate button.
6. Adjust the volume to a pleasing level. Turn the knob on the side of your unit until the preferred level is reached.
7. If not using TIMER, turn unit off by pressing the MODE button until none of the L.E.D. lights above sound, aroma, or combo are lit.

CAUTION:
ALL SERVICING
OF THIS UNIT
MUST BE
PERFORMED
BY AUTHORIZED
HOMEDICS
SERVICE
PERSONNEL ONLY.

To Diffuse Essential Oils

Though not included with this unit, EnviraSpa diffuses your own favorite essential oils. Simply follow these four steps for clean, trouble-free oil diffusion.

1. Lift off the lid.
2. Place a few drops of your favorite oil onto one of the felt pads included with this unit. (Oil is not included.)
3. Insert felt pad into the inner basket.
4. Replace the lid and continue with instructions above.

Maintenance TO STORE

Place EnviraSpa in its box or in a safe, dry, cool place, out of children's reach. To avoid breakage, do not wrap the power cord around the unit. Do not hang the unit by the power cord.

TO CLEAN

Unplug the unit if you are using the AC adapter. Clean only with a soft, slightly damp sponge. Never allow water or any other liquids to come into contact with the unit.

- Do not immerse in any liquid to clean.
- Never use abrasive cleaners, brushes, gasoline, kerosene, glass/furniture polish or paint thinner to clean.
- Do not attempt to repair EnviraSpa. There are no user serviceable parts. For service, send the unit to the Homedics' address listed in the warranty section.